THE THRILL OF 'CHASING MARIA MENOUNOS'

PAGE 18

metro

PHILADELPHIA'S #1 DAILY NEWSPAPER

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CHARLES MOSTOLLER, METRO

Where worlds collide. Creative students and professors at the Drexel University's ExCite Center lab are exchanging expertise to design and produce state-of-the-art items, like wearable technology. PAGE 02

PYP festival is raising 'Young Voices'

PAGE 16

Uncovering the Algarve, Portugal's hidden gem

PAGE 20

How much screen time is too much for kids?

PAGE 21

FASHION MEETS TECHNOLOGY

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What's trending at Metro.us

1 'How to sign up for Warren Buffett / Quicken Loans billion dollar NCAA bracket'

2 'PHOTOS: Looking back at L'Wren Scott, designer and girlfriend of Mick Jagger'

3 'VIDEO: The Onion spoofs St. Patrick's Day traditions around the country'

Quoted

"We may not be able to offer green beer or shamrock-shaped specimens this St. Patrick's Day, but we do have a gangrenous hand on display!"

That's a great substitute for some, Mutter Museum!

Clothes encounters: Center's tech, fashion warp reality

Wearables. Inside Drexel's ExCite Center, professors and students collaborate on new ways of integrating technology.

Ryan Young works on HUBO the robot, who is getting some new threads thanks to the help of Drexel fashion students. / CHARLES MOSTOLLER, METRO

The smart watch is old hat. A Drexel professor wants to talk T-shirts.

Inside Drexel's ExCite Center, a research lab where engineering, fashion, tech and art students and professors collaborate, video game design professor Frank Lee walked past the glass-enclosed Shima Seiki Haute Technology lab and went, "Whoa!"

The lab, inhabited by program director Genevieve Dion and members of the school's fashion design department, includes a printer that knits electronics into clothing.

Lee thought: "What kind of game can I make with it?"

One idea: Knit sensors into a T-shirt, so the wearer could build up power moving within a specific space.

"Think of it like Street Fighter meets tag," Lee said during a recent tour of the center. "As you build up power, and you're charged, and you can go attack someone, the shirt gets disrupted and changes color."

This is life inside the Expressive and Creative Interaction Technologies Center, the 11,000-square-foot lab with big windows on the first floor of a nondescript building at 34th and Market streets. It's a lab that merges creativity and technology into a kind of engineering arts.

It's a place where students develop ideas alongside Drexel professors. The ideas lead to prototypes that can be patented.

And the main attraction these days: wearable technology.

The fashionistas and techies collaborate on T-shirts for gaming, new smartphone and tablet apps, clothes specifically tailored for a robots' movements and modern-day technologies with a classic piano.

Youngmoo Kim, center director, engineering professor and associate dean of media technologies, is the crossing guard at the intersection of these ideas.

He considers bellybands woven into a pregnant women's fabric to monitor the fetus. He's working with students and professors to consider wearables for exercise, physical therapy and health care monitoring. There's also a jacket with a cell phone booster so you always have good cell phone service.

It's all in a day's work.

"For us, the future for us of wearables is not smart watches," he said. "It's not devices, and it's certainly not Google Glass," Kim said. "It's seamlessly integrated into your actual clothing."

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Expansion

Not too far ahead

Not all students are strapping themselves to computer-infused formal wear.

In January, computer-software company Bentley Systems made a gift to the ExCite Center so interested students could have the resources to develop mobile apps.

The Application Development Laboratory, or "APP Lab," is a space for students to brainstorm with faculty and entrepreneurs to design and produce mobile applications for smart phones and tablets using present-day software and programs.

Quoted

"These are industrial machines. This is what some clothes today are produced on."

Kara Lindstrom
Manager of the ExCite Center, on students working on present-day machines

Schools. Principals will suffer pay cuts

According to a new deal between the district and the Commonwealth Association of School Administrators, principals will see salary cuts and will also start paying toward their health benefits.

The school district said the changes will save about $20 million over the course of the three-year deal. The district asked the unions representing school employees for $130 million in savings over a five-year period.

There is still no pact between the schools and the Philadelphia Federation of Teachers, which is still negotiating with the district.

In regards to the PFT, schools spokesman Fernando Gallard said, "Negotiations are ongoing." METRO

Grocery delivery

Instacart adds popular chain to service

Instacart, a same-day grocery service in Philadelphia, has not only expanded its area to include towns on the Main Line but it's also adding a big name to its list of grocery retailers: BJ's Wholesale Club. BJ's now joins Whole Foods and Super Fresh. METRO

Dis-trust

Former trusts attorney pleads guilty to robbing clients

Gomer "Tom" Williams III, 54, a former attorney with Spector Gadon & Rosen who was disbarred in 2012 for misconduct, pleaded guilty Monday to one count of wire fraud for siphoning money from clients' accounts in a series of events that lasted five years.

He faces 33 to 41 months in prison.

Williams defrauded four of his trust and estate clients between 2007 to 2012.

Sentencing is scheduled for June 23. METRO

Stolen funds

$503K

Williams stole $503,361 from four clients.

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Celebrating St. Paddy's Day at McGillin's

Mackenzie Goodrich, left, and Stephanie Pajak celebrated St. Patrick's Day by stopping in at McGillin's Olde Ale House in Center City, the city's oldest Irish pub. / CHARLES MOSTOLLER, METRO

Kane defends choice to drop corruption sting

Response. The AG called anonymous critics of her decision to drop a probe 'cowards.'

After details emerged of an undercover sting quashed after finding that four Philly lawmakers and one judge accepted but did not report sizable gifts, Attorney General Kathleen Kane defended her decision as arising from flaws in the investigation.

"This investigation was not only deeply flawed, but unraveled long before I was elected and then took the oath of office," said Kane in a statement on Monday.

When Gov. Tom Corbett was attorney general in 2010, he initiated an undercover sting using a man accused of welfare embezzlement, who wore a wire while giving local officials large gifts, sometimes asking for their votes on key issues in return.

Kane said she dropped the case because the informant was not reliable, and the investigation only targeted black officials.

"If it's true that any legislators accepted gifts without reporting them, they should correct that reporting mistake," said House Democratic Leader Frank Dermody in a statement.

Sting findings

Officials allegedly received:

- Louise Bishop: $1,500
- Ronald Waters: $7,650
- Michelle Brownlee: $3,500
- Vanessa Brown: $4,000
- Thomasine Tynes: Tiffany's bracelet worth $2,000

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Wage theft

Fast-food workers will protest today

Fast-food workers and community leaders will protest Tuesday afternoon at McDonald's at Broad and Girard to call on the chain to stop illegal wage theft.

According to a news release, recent class-action lawsuits in California, Michigan and New York claim McDonald's is deliberately and systemically stealing employees' pay.

Workers on Tuesday will share personal wage stories. Fight for Philly leaders will attend as well as Sen. Daylin Leach. METRO

South Jersey

Hit-and-run driver sought

Police are seeking the driver who fled after injuring a man who got out of his car after hitting and killing a pedestrian, identified as Victor Gutierrez, on Admiral Wilson Boulevard in Pennsauken about 3 a.m. Sunday. METRO

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Add more low-income housing, says councilman

If you build it. Darrell Clarke said constructing 1,500 affordable housing units would add more than 4,000 jobs.

City Council President Darrell Clarke has a plan to add more affordable housing inside rapidly changing neighborhoods in parts of North and South Philadelphia.

According to his plan, the city could add 1,500 properties — 1,000 for rent and 500 for sale — through a combination of funding resources and trades of city-owned land.

To build the 1,000 rental units, the city would spend $300 million, borrow $100 million and take $200 million in state and federal funding.

For the 500 units for sale, the city plans to sell to developers city-owned properties in areas such as Point Breeze, Mantua and Francisville.

The developers would build the houses, then sell them to low-income residents. However, the sale is predicated upon a few important details: The resident would make the house their primary residence for at least 10 years, and the house can't be resold for more than its original sale price.

The prospective homeowners also would have to afford a $200,000 mortgage.

Out of the city's roughly 1.5 million residents, about 450,000 live at or below the poverty line. Clarke said more than 100,000 are on an affordable-housing waiting list.

The plan still has major hurdles, namely approval from Mayor Michael Nutter and commitment from the Philadelphia Housing Authority.

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Nutter's response

Mayor Michael Nutter said in a statement that he is "interested in how this proposal meshes with the Philadelphia Housing Authority program that kicked off in May 2013."

- The PHA plan called for development partnerships to create and preserve 6,000 affordable units in five years.

Murder trial

Burka-clad shooter and accomplice convicted; brother on trial

Jamil Banks, 30, and Qentin Salmond, 28, were both convicted of third-degree murder last week in the death of Kenneth Wiggins, 19, who was killed just before 1 p.m. on Saturday, April 12, 2008, reportedly after an argument over a dice game.

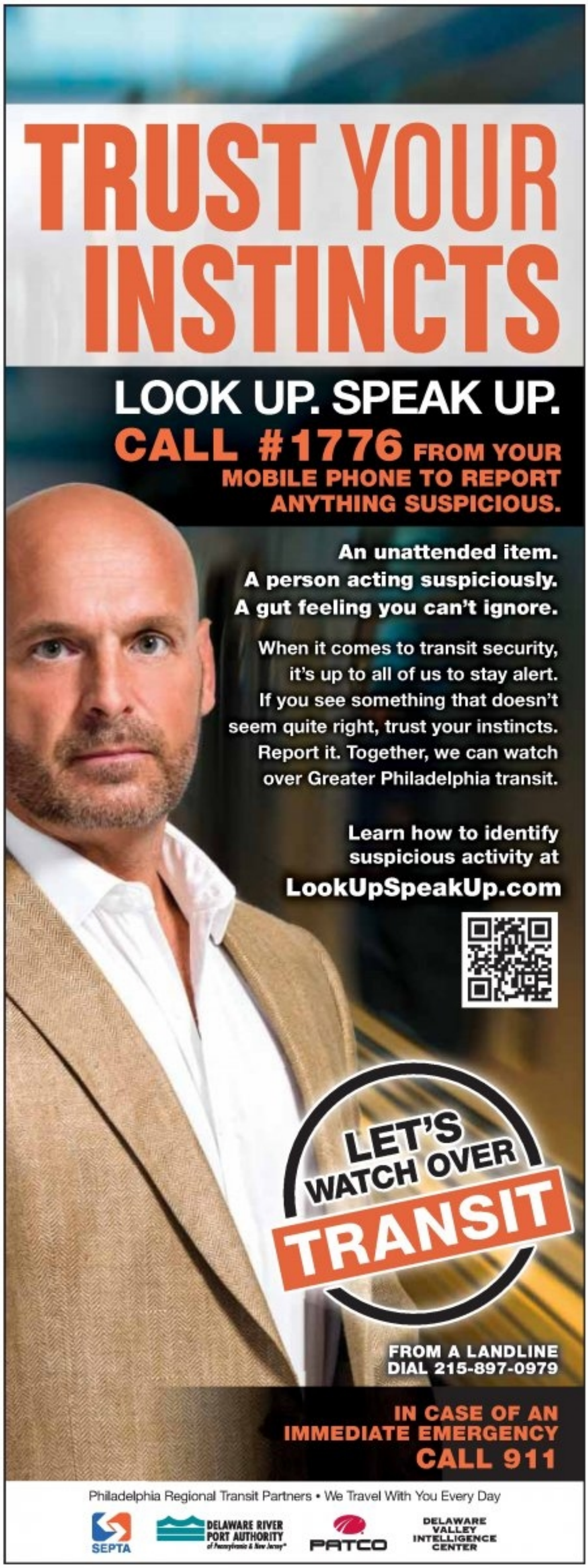
Salmond's brother, Bernard Salmond, 29, now faces his own trial on murder charges for serving as getaway driver who helped his brother and Banks escape from Chew and Landsdowne avenues.

Qentin Salmond and Jamil Banks are scheduled to be sentenced May 12.

SAM NEWHOUSE

The snow must go on

Lucy Lipscomb, 12, and Gabriel McBride, 9, get some late winter sledding in at FDR Park after a few inches of snow fell overnight into Monday morning. / CHARLES MOSTOLLER, METRO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Planning could hold key to plane disappearance

Investigation. Police have searched the premises of both the captain and co-pilot.

Whether by accident or design, whoever reached across the dimly lit cockpit of a Malaysia Airlines jet and clicked off a transponder to make Flight MH370 vanish from controllers' radars flew into a navigational and technical black hole.

By choosing one place and time to vanish into radar darkness with 238 others on board, the person — presumed to be a pilot or a passenger with advanced knowledge — may have acted only after meticulous planning, according to aviation experts.

Understanding the sequence that led to the unprecedented plane hunt widening across two vast tracts of territory north and south of the Equator is key to grasping the motives of what Malaysian authorities suspect was hijacking or sabotage.

By signing off from Malaysian airspace at 1:19 a.m. on March 8 with a casual "all right, good night," rather than the crisp radio drill advocated in pilot training, a person now believed to be the co-pilot gave no hint of anything unusual.

Two minutes later, at 1:21 a.m. local time, the transponder — a device identifying jets to ground controllers — was turned off in a move that experts say could reveal a careful sequence.

There is so far no indication whether the co-pilot was at fault or had anything to do with turning off the transponder. Pilots say the usual industry convention is that the pilot not directly responsible for flying the plane talks on the radio.

Whoever turned the transponder to "off," whether or not the move was deliberate, did so at a vulnerable point between two airspace sectors when Malaysian and Vietnamese controllers could easily assume the airplane was each others' responsibility.

REUTERS

A man gestures as he stands in front of messages of prayers and well-wishes for passengers of flight MH370. / GETTY IMAGES

Quoted

"Every action taken by the person who was piloting the aircraft appears to be a deliberate one. It is almost like a pilot's checklist."

A senior captain from an Asian carrier with experience flying jets including the Boeing 777

Imposed. Sanctions against 11 Russian, Ukrainian officials

President Barack Obama on Monday imposed sanctions on 11 Russian and Ukrainian officials blamed for Russia's military incursion into Crimea, including two top aides to Russian President Vladimir Putin.

The sanctions were the most visible sign of U.S. anger at Russia's attempt to absorb the Crimea region of southern Ukraine, reflecting the deepest plunge in U.S.-Russian relations since the Cold War.

The sanctions came in an executive order signed by Obama a day after a Crimea referendum on Sunday aimed at allowing Russia to annex the autonomous region, a vote that the U.S. says was illegal and would never be recognized by Washington.

Obama warned that continued Russian military intervention in Ukraine would only increase Russia's isolation and exact a greater toll on its economy. REUTERS

Magnitude 4.4

Earthquake rocks LA area

A magnitude 4.4 earthquake struck just outside of Los Angeles on Monday, rattling early morning commuters across a wide swath of Southern California but causing no damage or injury.

The quake struck shortly before 6:30 a.m. and was centered about six miles north-northwest of Westwood, Calif.

REUTERS

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Former model

Fashion designer L'Wren Scott found dead

Fashion designer L'Wren Scott, the girlfriend of Rolling Stones singer Mick Jagger, was found dead in her apartment on Monday from an apparent suicide, according to a law enforcement official. She was 47.

Scott, a former model whose sexy gowns were favorites among A-list Hollywood stars such as Nicole Kidman, Amy Adams and Penelope Cruz, was found hanging from a scarf in her apartment. **REUTERS**

L'WREN SCOTT
GETTY IMAGES

Drunk driving

Third person dies from SXSW crash in Texas capital

A third person has died as a result of a motorist plowing his car into a crowd of people outside a nightclub last week at the South by Southwest festival in Austin, officials said on Monday.

A 26-year-old woman, Sandy Thuy Le, has died. She was one of the five people listed as being in critical condition after the incident last Thursday.

Rashad Charjuan Owens, 21, from Killeen, Texas, has been charged with capital murder for the incident.

Police said Owens fled from a sobriety checkpoint, smashed through a police barricade and then plowed down people, some of them lined up outside a nightclub, over a span of several city blocks. **REUTERS**

GM recalls another 1.5 million vehicles

In the XTS, a brake booster pump wiring issue can cause overheating, melting of plastic and a possible engine compartment fire. / GETTY IMAGES

Last Friday. GM was hit with the first U.S. class action lawsuit related to an ignition problem.

General Motors Co. announced three more recalls on Monday, related to airbag deployment and other issues, and said it would take a $300 million charge primarily to cover the costs related to these actions as well as the previous recall for faulty ignition switches.

The No. 1 U.S. automaker, which will take the charge in the first quarter, did not provide a breakdown of how much was related to the ignition-switch recall of more than 1.6 million older-model vehicles that has hurt the company's reputation since it was announced last month.

GM said on Monday that it is recalling more than 1.5 million newer crossover utility vehicles, luxury sedans and full-size vans in three separate recalls. While there were reports of engine compartment fires in two dealer-owned Cadillac XTS sedans, the company said it has received no reports of accidents or injuries related to the three new recalls.

Affected are some 2008-2009 and all 2010-2013 Buick Enclave and GMC Acadia crossovers, some 2009 and all 2010-2013 Chevrolet Traverses and some 2008-2009 and all 2010 Saturn Outlooks. Most of the vehicles were sold in the United States, but some are in Canada and Mexico. **REUTERS**

Crossovers

1.18M

The automaker said the latest recalls include 1.18 million midsized crossovers to repair an issue that could lead to the nondeployment of side airbags. It said it will repair the wiring harness of seat-mounted side airbags.

Vans

303K

GM is also recalling 303,000 Chevrolet Express and GMC Savana full-size vans to replace plastic material in the passenger instrument panel to meet federal head-impact crash standards for unbelted passengers.

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Convicted

Jury to consider death penalty for Jodi Arias in September

An Arizona judge on Monday set a September court date to try again to determine whether convicted murderer Jodi Arias will be put to death for killing her ex-boyfriend nearly six years ago, court officials said.

Arias was convicted by a jury in May 2013 of murdering Travis Alexander, whose body was found in the shower of his suburban Phoenix home in June 2008. He had been stabbed multiple times, shot in the face and had his throat slashed. **REUTERS**

TRAVIS ALEXANDER
FACEBOOK

Sex assault

Charges dropped in rare court-martial of Army general

A U.S. Army general at the center of a rare court-martial of a top military leader was cleared of sexual assault charges on Monday, but admitted to mistreating a junior officer during their inappropriate sexual relationship.

Brigadier General Jeffrey Sinclair pleaded guilty to several lesser military criminal offenses as part of an agreement with the government that dismissed the most serious allegations against him.

The 27-year Army veteran said he knew the female Army captain with whom he had a three-year extramarital affair was enamored by his rank, and he led her on despite knowing he would never divorce his wife. **REUTERS**

DWI suspected

Owner of NFL's Indianapolis Colts arrested

Billionaire James Irsay, the 54-year-old owner of the National Football League's Indianapolis Colts, was jailed early on Monday on suspicion of drunken driving and possession of a controlled substance, authorities said.

Police stopped Irsay on Sunday night for driving at a slow pace, stopping in the roadway and failing to signal a turn. He was arrested after failing several roadside field-sobriety tests, police in Carmel, Ind., said in a statement. **REUTERS**

JAMES IRSAY
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Nataliya L., USA Vein Clinics Patient

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Which musicians made the most money in 2013?

Big bucks. Billboard has released its list of the Top 40 most lucrative musicians of last year and how they got there. (Hint: It wasn't through music sales.)

Taylor Swift made roughly $40 million in 2013. Not too shabby for a 24-year-old.
GETTY IMAGES

Musicians may be complaining that illegal downloading is cutting into their profits, but plenty of artists still took home big paychecks last year, according to Billboard's list of the 40 richest musicians of 2013.

The songstress at the top of the list should come as no surprise: Taylor Swift made nearly $40 million last year, primarily from her "Red" tour, which grossed $30 million in just six months. She also has some very lucrative sponsorships to thank for her wealth, including Keds, Diet Coke and Elizabeth Arden.

Sliding in at second place is country star Kenny Chesney, who made roughly $32.5 million in 2013. Chesney doesn't plan to tour in 2014, but considering his "No Shoes" tour brought in $90 million last year, we think he'll be OK. Justin Timberlake is the third richest musician of the moment, making $31 million last year. He's one of the musicians who did the best as far as digital sales go, making $5 million from selling music and streaming services.

Numbers game

The list was compiled using data from Nielsen SoundScan, Nielsen BDS and Billboard Boxscore. The list didn't take money from sponsorships, merchandising and synchronization into account because there wasn't enough data to include this information. To see the full list, head to Billboard.com.

The bulk of the money made by anyone on the list came from touring, followed by sponsorships. Some musicians still made an impressive amount from royalties and digital sales, but it's apparent that to make this list, an artist can't depend on music sales alone.

Some of the list's biggest surprises are Celine Dion (who brought in almost $13 million thanks to her Caesars Palace performances in Las Vegas), the Trans-Siberian Orchestra (which made $12.5 million from live shows) and New Kids on the Block (the guys made almost $10 million from touring and their 10th album). Rap, R&B and hip-hop are noticeably less present on the list. Kanye West, Rihanna, Lil Wayne and Eminem are the only artists on the list representing these genres.

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The stats

Joshua Bradenburg
Age: 33
Residence: Astoria, Queens, New York City
Roommates: None
Number of jobs: 3

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Briefly describe your jobs.
I bartend four nights a week at the Royalton Hotel from 3 p.m. to midnight and teach at a Muay Thai academy six days a week. And on Fridays, I teach voice lessons.

In addition to bartending and teaching Muay Thai, Bradenburg, 33, also teaches voice lessons. /PROVIDED

Do you enjoy every job?
Honestly, I do. It's a hectic lifestyle, but it's come together in a manageable way.

Do you have time to hang out with your friends?
I guess theoretically I can on Sunday nights. I'm not free Sunday mornings because I play the guitar and sing at a church. To be honest, when I do have free time, I don't feel like going out. I just want to order Chinese food, watch a movie and relax.

SECOND SHIFT

Learn how busy city-dwellers make ends meet.

EMILY LAURENCE
Contact us if you have a story to tell: emily.laurence @metro.us

Are you working multiple jobs to make ends meet or to live a certain lifestyle you want to lead?
I don't have a crazy lifestyle. When you work that much, there's not much of a lifestyle you can have. If I just worked one job, I would just be able to make ends meet. But working more than one job allows me to put some money away for the future, so I can actually have more of a life than just going from one day to the next.

Are you happy with the way things are or are you working toward cutting down to one job?
It would be great to just have one job, but I don't really see that as a possibility for me, at least as far as my life is structured right now. Many, many years down the road maybe I'll have my own martial arts academy and be able to just have one job, but I feel like it's always going to be a balance between two or three jobs.

"[Working three jobs] is a hectic lifestyle," says Bradenburg. /PROVIDED

Is there anything else about yourself that you want to share?
Usually people who have a very busy work life are very busy in their downtime as well. I do a lot of volunteer work in my spare time. There are so many great organizations out there that don't need you to commit to a certain numbers of hours every month. Some just want help for one day here or there, or for a single event.

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EDUCATION TOWARDS EMPLOYMENT

Stuff every student should know

Education. Get through college with a few good tips.

There's so much to figure out when you're in college. We talk to Blair Thornburgh, author of "Stuff Every College Student Should Know," out March 25, about her best tips for surviving college without spending all your money on textbooks, how to pull an all-nighter and more.

Thornburgh didn't actually write her book on a typewriter. / PROVIDED

Take notes

"Pay attention to anything that's written on the board. The teacher is not going to put something on the board that doesn't matter. It's also important to write down any questions that might come up in a discussion. It could be something you will think about when you're reading. Write down all dates and formulas. These things are easy to forget, so put them on paper so you have a record of it."

Piggy bank

Money saver

"Don't buy the books new from the campus bookstore — they're going to rip you off. Books can be pretty easy to find online if you have the ISBN. Make sure you look around also on foreign sites. Then you can sell the books when you're done with them. If it's a big textbook for a huge class and you have a study group, split the book or make an arrangement with someone taking the class next semester."

Getting along

"So much of college is social, and a lot of people need to get away from that sometimes. And if you don't feel like you can go to your room, it's going to be very stressful. It's a good idea not to assume that you're going to be your roommates' best friend. A lot of people think that because you really want to make friends. Even if you live with someone who was your friend before, you might not get along. It's really important to talk, so you don't build up a weird resentment; then you're more likely to explode. Plan out what you want to say before you bring up an issue — that will make it easier. If it's really bad, you should get help from your residential staff, because that's why these people are here."

Myth-busting

The almighty all-nighter

"It's tempting to think that you can drink six Red Bulls and then write your paper, but that will probably just give you a heart attack. Keep a monitor on your caffeine and drink water instead. It helps you stay awake better, because you're hydrated — plus, when you have to go to the bathroom all the time, you will not fall asleep. I also find it helpful to break the time down. It can be terrifying to think about writing 12 pages in six hours. You should just think about working 45 minutes straight and then write a page and a half in that time. If you break it down into smaller chunks you'll feel like it's more manageable."

In an interview

"The most important tip is to be courteous and on time [when you're interviewing.] Recognize [that] a person's chief job is not normally interviewing people; they have other things to do. So be prepared and make their job easier. Don't do anything that's going to make you uneasy. Dress properly and don't be rude. I wouldn't come in with a cup of coffee or with my earbuds in. Show that you're focused on doing this interview. It's always good to have a couple of questions to ask the interviewer to show that you know what they do and you want to know more about it."

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Dollars

Funding. You may not think it's possible to find financial aid, but a little research may show you otherwise.

It can take a bit of digging to find scholarships or grants you're eligible for, but it's a small price to pay for the chance to score some free cash. Here's our guide to not paying full price for that degree.

Scholarships, bursaries and grants

Scholarships, bursaries and grants are three of the most common application-based sources of funding available to students. Although all three are monetary awards given to students to help cover education-related expenses, they are usually disbursed according to different criteria.

Scholarships are generally based on merit, bursaries are typically based on financial need and grants are most often awarded for a specific project or program.

How to apply: To find out which awards are available to you, talk to your school's registrar or main administrative office. They should either have information about student awards. After you've checked with your school, do some research online to find out about awards offered by the government, foundations and corporations.

Many schools also host a student award information session at the beginning of the school year to tell students about

Work it

Part-time is the right time

If you're struggling to pay for school, consider taking on a part-time job to help you cover your costs. It can be difficult to balance a job on top of your studies, but it is definitely doable.

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financial aid offered by the university or college – equip yourself with a pen and notepad and get there early, those seats tend to fill up fast.

Internships/ apprenticeships

If your school does not offer a work-study or program, consider applying for an internship or apprenticeship on your own. This is a great way to get relevant work experience and it can provide a (modest) income to help you pay for school.

How to apply: Look for companies or organizations in your area that are connected to your program of study. Contact the manager or human resources department to express your interest in the work they do and ask if they have any need for an extra set of hands in the coming months.

Work-study programs

Many schools offer co-op or work-study programs to give students a chance to gain hands-on experience in their chosen field before they graduate.

How to apply: Check with your department to make sure you're eligible for the program, then ask if it's okay for you to take a paid position and still get course credit. Once you've got the go-ahead, start contacting potential employers to find out about current opportunities or try talking to students who've already done a placement to see if they know of any paid positions you can apply for.

This work experience is a great opportunity to position yourself for future employment with a given office or department – it's a great opportunity to show off your skills and build a professional network on campus. Future positions may also have a higher compensation rate than your work-study program. Be sure to work hard and make your interest known.

It can feel overwhelming to see your tuition, textbook and living costs add up as you work toward completing a post-secondary program, but there is help out there.

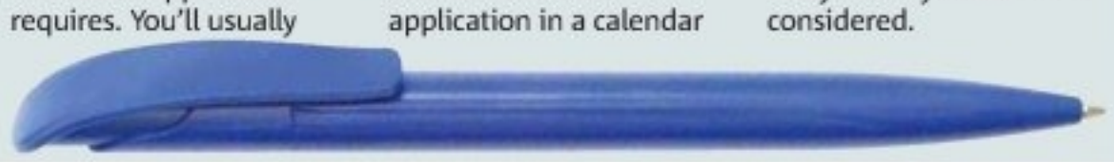
Spend some time doing your research to learn about the funding that's available. It may take some time and effort, but chances are it will be worth the effort in the end.

Tip

Be proactive:

Once you know what opportunities exist, make a list of which ones you plan to apply for and what each application requires. You'll usually need to fill out some kind of form and provide transcripts, letters of reference and possibly an application letter or essay.

Jot down the deadlines for each application in a calendar or planner and plan ahead to make sure you submit your applications on time – the competition can be pretty fierce and a late application will most likely mean you won't be considered.



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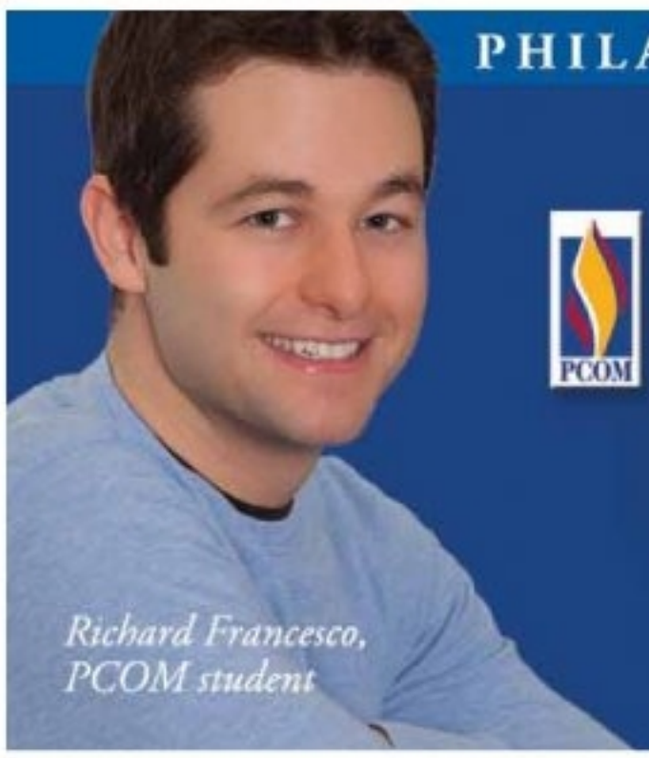

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2 CULTURE

Twitter feed

Today, Mark Duplass is groggy, Tom Daley is globetrotting, Paris Hilton is treating herself and Chloe Grace Moretz is freaked.

@MarkDuplass: I have been up for 2 hours and I remember maybe 6-7 minutes of it.

@TomDaley1994: I've missed you twitter and Facebook! Haha...just flown from Beijing to Dubai!

@ParisHilton: Just had an amazing 2 hour deep tissue massage. Feeling happy & relaxed. Loves it

@ChloeGMoretz: flipping through channels then i see "Why Planes Crash" who would Ever watch that?!

3 Things about Nikki Sixx's wedding photo

There are very few weddings in which the groom's attire upstages the bride's, but Saturday's nuptials between Motley Crue's Nikki Sixx and model Courtney Bingham is an exception to the rule.

While Bingham, 28, wore a custom-made gown from her aunt's California bridal boutique, Sixx sported a dagger necklace and a black bandana. It was, as they say, "a lot of look."

"Just threw my wedding suit on topped with a ton of chrome hearts jewelry & custom leather chucks W/ an old Keith Richards scarf #I'mReady," he tweeted on Saturday.

Readers, I can't stop staring at him. So many things to address about his wedding photo. Let's look together, shall we?

1 His hair. So very many questions. Can that really be his hair? Really? Remember: Sixx is 55. It's not like most men approaching 60 can rock hair like that. What kind of product do you think he uses? Did he or Bingham spend longer on their wedding 'do? Does he wear the bandana to cover up a receding hairline? Speaking of his best accessory, I love that Sixx is such a romantic as to rock a bandana with a skull and hearts.

Accessories

His dagger necklace

2 "Something old, something new, something borrowed and something you can cut your filet mignon with at the reception."

3 His other hair. Look very, very closely. Is his goatee lopsided? I want to straighten it out like a crooked painting on the wall. A crooked painting made out of pube-like fabric.

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us

Surprise! Guthrie is married — and pregnant

"Today" co-anchor Savannah Guthrie got married this weekend — and broke the news that she is also four months pregnant.

She and her new husband Michael Feldman announced the big news to guests at their Arizona wedding on Saturday, but asked their friends and family to keep the news quiet. When Guthrie was back at work on Monday morning (not much of a honeymoon, is it?), "Today" played a clip of their wedding — and the happy pregnancy news.

"We are four months pregnant," Guthrie announced to excited guests in the clip, all of whom erupted to their feet in applause. Back on air, Guthrie shared her happiness with viewers. "I'm so happy to tell the world, because I can't suck in this gut anymore."

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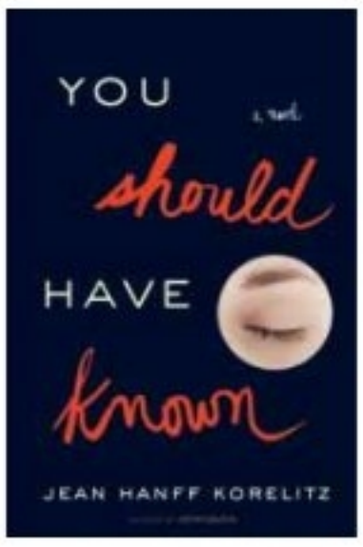
'You Should Have Known' will change the way you think

Books. "Admission" author Jean Hanff Korelitz has a new book about the moments when we should have been paying a little more attention.



Most people pride themselves on knowing when someone is lying. When we hear about former New York Gov. Eliot Spitzer's outrageous illicit affairs or Bernie Madoff's massive Ponzi scheme, we look at their smart and stylish wives and think, "She must have known, right? How could she not have?" This "should have known" belief is the idea behind Jean Hanff Korelitz's latest novel.

The book's protagonist is Grace, a therapist living the life she's always wanted. Married to a sympathetic pediatric oncologist, she has an intelligent and respectful son and has just written a highly anticipated self-help book cautioning women to hear what men are telling them at the very beginning of a relationship. But when Grace's husband goes missing and she finds herself in the middle of a media frenzy, she's left wondering how she could have missed her own advice.

According to Korelitz, you'd be surprised how many smart women have their own "should have known" moment. "The British publisher asked everyone who worked at the publishing company to submit their 'should have known' moments, and I got to pick the winner. These women are very, very smart. They're working for this great publisher, yet they all seem to have some story where you wanted to look at them and think, 'Really? Really?'"

The winner of the aforementioned contest was a woman who went on a first date with a guy who told her that he saw sexuality as free-flowing and not something you can put in a box. "She dated him for years and, of course, he turned out to be gay," Korelitz muses.

Jean Hanff Korelitz is also the author of "Admission," which became a film. / MARK CZAJKOWSKI

Like Korelitz's other novels — among them "Admission" — this one is about a smart, independent woman who isn't entirely likeable. "Every single one of my novels starts with a woman who seems to have her s— together but is destroyed by the middle or end of the book," she says. "If this is an unconscious choice, it's so unconscious that it might as well be conscious. It's an overwhelming comparative, almost, to look at these women and basically take them apart and strip them down and see what's left."

At the end of this novel, the principal character is a much different woman than the one you meet at the beginning of the book. You might also be changed after finishing "You Should Have Known" — a little more discerning, a little more aware and a little less critical of those wives the camera pans to during the next high-profile press conference.

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A SPOTLIGHT ON YOUNG PLAYWRIGHTS

From left, Anthony Martinez Briggs, Emma Goidel and Ahmed Naji of InterAct Theatre Company workshop monologues. / PROVIDED

Soliloquy.
Actors perform monologues by local high schoolers in a PYP festival.

Masterman High School senior Ahmed Naji is a self-proclaimed fitness fanatic. Most evenings, after his schoolwork is completed, he's off to the gym to blow off steam. So when his drama teacher gave him a playwriting assignment, he knew exactly what he would write about.

"I discovered something about creative writing, and maybe about any homework in general: It's really good to write about something you love. You can inspire yourself, and that feeds on itself," says Naji.

His dramatic monologue, "Gainz," is one of 18 selected out of hundreds to be performed by professional actors in the Young Voices Monologue Festival, presented by InterAct Theatre Company and Philadelphia Young Playwrights.

Naji's narrative presents a young man examining his growing body in the mirror, while contemplating the trauma that led him to seek release in the weight room.

Unlike many writing awards, Philadelphia Young Playwrights doesn't just put out a call for submissions. Each year the nonprofit sends dozens of theater professionals to classrooms across the region to lead workshops and perform winning scripts from years past.

"Theater is such an applied form of writing. You have to see it in order to believe it," says Jay Gilman, the director of "Gainz," and a staff member at PYP. "It's so important for students to see these works and say, 'Oh! My peers have written these monologues before me. I can actually do this.'"

Nanji has no plans to study theater in college. He's currently eying pre-med and computer engineering programs. But that's fine as far as PYP is concerned and, actually, core to the program's philosophy.

"The experience of collaborating with adults and articulating your vision is a big part of what we provide," says Gilman. "Ahmed has been an active member of a team, as we try to figure out how to articulate his vision. He's learning about leadership. So often we think of leadership as, 'This is what I want; this is how I get it.' But theater is a powerful way to learn how to work together. That skill is more important now than ever."

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Interview. Documentarian Alexandre Philippe talks zombies and his new film, "Doc of the Dead."

Documentarian Alexandre Philippe's latest is the zombie film, "Doc of the Dead." / GETTY IMAGES

Documentary filmmaker Alexandre Philippe has been obsessed with zombies for some time now, but when the rest of popular culture started getting in on the act with successes like "The Walking Dead," "Warm Bodies" and "World War Z," he realized the phenomenon warranted an examination. That's why he made "Doc of the Dead," his chronicle of all things undead, which is now running on Epix.

What was the first zombie movie that got you hooked?
It was the original "Night of the Living Dead." That's one, plus "Scanners" and "Eyes Without a Face" — they really affected me deeply as a kid and then opened the floodgates.

When did the idea for "Doc of the Dead" strike?
Initially the idea came to me five years ago, at the 2009 San Diego Comic-Con. I was walking around and there were an unusual amount of zombies. But I was still working on "The People vs. George Lucas," and then "Paul the Psychic Octopus." But I'm really glad that it took this long. As it turns out, I think it's coming out at the best possible time, because I think if we had made it three or four years ago, obviously it wouldn't have included a lot of the most important elements to zombie culture right now.

Zombies really have gone mainstream. You have "World War Z," a PG-13 zombie movie doing great at the box office.
As George Romero says in the movie, he could never imagine that zombies one day would be that big, that Hollywood would be spending so much money on the zombie genre.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.lu

Future plans

So where does the zombie genre go next?
There's so much that's been done, but also I think there's no limit to it. I mean, you can pretty much do whatever you want with zombies, because they're so versatile. I think that's another reason why they're so popular — because they can stand for so many things.

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‘Chasing Maria Menounos’ gives fans an ‘Extra’ look

“Chasing Maria Menounos” premieres tonight at 10 on Oxygen.
GETTY IMAGES

TV. The host’s new reality show premieres tonight.

“Chasing Maria Menounos” goes inside the mind and heart of the “Extra” host as she attempts to balance her career with family life.

The show will chronicle Menounos’ experiences with her boyfriend of 15 years, Keven Undergaro, and traditional Greek immigrant parents, Costas and Litsa, who want her to get married and have children. As she turns 35, her parents’ desire for Menounos to settle down is stronger than ever. Though she respects her family and boyfriend’s opinions, she contemplates whether she can support her parents and the friends who depend on her while building a family with Keven and still having some fun.

“It’s really tough because I feel like more than ever women are in the same kind of boat as me,” Menounos says. “We really don’t know when the right time is and we’re really excited by our careers. We want to prolong it more than ever.”

The show also offers a glimpse into the less glamorous aspects of stardom. Menounos notes that one night she may be dressed up for the Oscars, and the next night she’ll be at Chili’s with her family.

“There’s the me that works in this business, and then there’s the real me that is outside of that,” Menounos says. “I enjoy the perks of all of this, but there’s a reality to it, too.”

Menounos is also excited to show viewers her Greek family.

“I think it’s nice to see a traditional Greek family at home,” Menounos says. “I think it’s nice to see someone who made it in this town and stayed in the same relationship they came in with. I don’t think you see that very often.”

Menounos’ boyfriend Keven, who will venture into the spotlight for the first time on the show, also says that viewers will enjoy the peek into their life.

“I think seeing our family, it’s aspirational,” Undergaro says. “I think a lot of people dream to do better in life. It’s nice to know that you can get there and have better things, but that you can still all be close and you still have the same problems that you had when you were a family back in the neighborhood.”

For Menounos, home is a place to relax and get away from her hectic life.

“I love being at home with Keven and the dogs and my parents,” she says. “And I love cooking. I love watching movies. I love going to the beach.”

She’s just a regular girl — with an “Extra”-ordinary life.

Quoted

“I’ve known what I’ve wanted to do since I was really young. And I’ve worked really hard to run through every open door and work really hard and make good choices.”

Menounos

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TV Watch list

REALITY

'Chrisley Knows Best'

Atlanta multimillionaire Todd Chrisley can be described as a bit brash and outspoken. This "patriarch of perfection" — a father of five — is sure he has the answer to everything. Tonight, daughter Lindsie recovers from breast implant surgery while Chrisley attempts to bond with her husband. As he would say, "been there, done it, got the T-shirt."
10 P.M., USA

See more at www.metro.us

DRAMA

'Supernatural'

Tonight's episode, "Blade Runners," features a cameo from none other than Nicole "Snooki" Polizzi — and she's a long way from the Jersey Shore. Sam and Dean need help finding the First Blade after Crowley falls off the wagon and injects himself with human blood. What could be worse? Maybe the fact that an untrustworthy demon (is there any other kind?) played by Rebecca Marshall wants to lend a hand. **9 P.M., CW**

COMEDY

'Glee'

It's the 100th episode, with both current and alumni members of New Directions celebrating by reinventing their favorite performances from the series. Quinn, Puck and even the crazy April Rhodes will appear as the gang pays homage to Finn Hudson — the character played by the late Cory Monteith. Every Gleek should have a box of tissues ready for this one.
8 P.M., FOX
ALEXANDRA KACHAPURIDZE

Todd Chrisley is definitely the king of his castle.
GETTY IMAGES

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Taking a shine to southern Portugal

The Algarve gets more than 300 days of sun annually. / ALL PHOTOS CHRIS BUDZILOWICZ

Destinations.
Long known among Europeans as a year-round holiday locale, the Algarve is finally getting the attention it deserves from the rest of us.

During the Age of Discovery, a small but mighty Portugal sent out ships to explore Africa, Asia and what was then called the New World (that's us!). Now it's time for us to return the favor.

Although burdened by the recent economic problems, Portugal hasn't wavered as a destination for savvy European travelers seeking sun, fresh seafood and a knockout coastline — one of few in the world from which you can see the sun rise and set over the ocean.

Lately, the Algarve region on the southern coast is coming into its own. Bordered by miles of protected beaches, the Algarve maintains balmy temperatures year-round — sometimes reaching the 70s in the winter — and averages 300 days of sun annually.

Until recently, the Algarve was known mostly to hippie caravaners chasing surf conditions along the coast. And you'll still find plenty of them there. But you'll also start to see more families seeking an affordable and unique holiday. And don't worry — you won't have to sleep on the beach.

Anchoring new development in the Algarve is Martinhal Beach Resort & Hotel (www.martinhal.com), an award-winning seaside resort known as much for its sophisticated design as for its family-friendliness. After opening in 2010, Martinhal soon stood out as an affordable luxury destination that still retains hyper-regional charm.

Martinhal's guests enjoy fresh fish pulled daily from the bay.

In designing the resort, owner Chitra Stern and her husband made it a priority to sustain the natural integrity of the Algarve. "It's our responsibility to our children to do that," she tells us. Martinhal's architecture is carefully integrated into the natural landscape, and its restaurants serve only local wine and fish pulled from the bay below. Stern calls it "the freshest fish in the world."

Moreover, Martinhal is one of those rare places where children and adults can enjoy themselves both together and on their own. After having her own children, Stern realized that few vacations truly accommodate every member of the family, so she designed programs at Martinhal that keep kids (from babies to teens) engaged while parents do their own thing. "We try to create moments for everyone in the family," says Stern.

With Martinhal as a base, you can explore the Algarve on trail bikes with a guided tour through small villages and across coastal cliffs. Wind-surfing and scuba-diving lessons are available right in Martinhal's bay.

REBECCA FINKEL
@metronewyork
letters@metro.us

PLUS

Tip

Getting there

The Algarve is easily accessible from Lisbon airport. From there, you can take the major highways or enjoy a backroad amble along the coast. If you want to sample the city before relaxing on the coast, Martinhal offers an eight-day package beginning at the Four Seasons Hotel Ritz Lisbon and ending in the Algarve. For rates and information, email res@martinhal.com.

Relax

Magic hour

A day on the Algarve ends best by watching the sun set over the ocean. Crowds usually form at Cabo de São Vicente, the southwestern-most point in Portugal. But in the spirit of discovery, we recommend grabbing a bottle of Portuguese wine and finding your own viewing spot in one of the many beach coves on the west coast.

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Zuckerberg: from screen time to stage time

Interview. What do you do after you conquer Facebook, book publishing and parenthood? If you are Randi Zuckerberg, you head to Broadway.

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

Since Randi Zuckerberg left Facebook in 2011, she's started the media empire Dot Complicated, released a book by that name and, oh yeah, had a baby. Now she's expanding her philosophy of untangling our wired lives by releasing the children's book "Dot." She's also gearing up for her big Broadway debut in "Rock of Ages." We catch up with her to talk parenting and managing screen time.

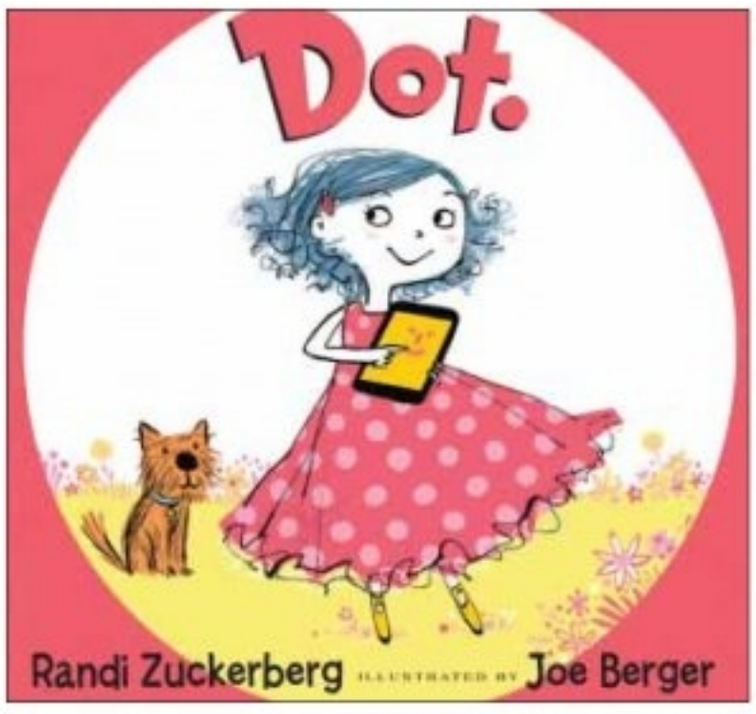
What made you want to write a children's book?
I have a son who is almost 3, and everywhere I went — whether it was speaking at a professional business conference or at my son's preschool — all the parents were talking about screen time. Parents want to make sure their kids are getting enough screen time to be competitive with other kids, but they didn't want them to have too much. I thought, "Here I am writing a book about how tech has made our lives both so wonderful and complicated for adults, but it really starts much younger."

That's so true. Even 2-year-olds will try and swipe something like it's an iPhone.
Absolutely! Kids absorb things so easily starting very young. As parents, we can make all these rules until we're blue in the face, but I thought if there was a techie young child other kids could relate to going through fun adventures, maybe it would stick. And even though I have a son, I chose to make the main character a girl because I think we could really use more techie girl characters in pop culture, especially for young children.

How can parents strike the right balance with screen time?
There are a lot of really excellent apps out there that encourage creativity, love for music, love for reading and love for art. They can use tech in ways we could never imagine when we were young, and I think that's really positive in children's lives. Where I start to get [worried] is when tech just replaces the television and becomes a passive medium.

You mean sticking a child in front of an iPad to watch a video?
Right. But I also live in the real world and understand that it happens sometimes. I've had a night where it was just a really long day and I just wanted to have a conversation with my husband, so I gave my son a movie to watch on my iPad. As parents, we already beat ourselves up too much, and tech is an area where you can really cut yourself some slack.

"I chose to make the main character a girl because I think we could really use more techie girl characters in pop culture," Zuckerberg says of "Dot." / PROVIDED



On Broadway

Rockin' out in 'Rock of Ages'

"If you were to ask me when I was in elementary school what my dream in life was, I would have said that it was my dream to sing on Broadway. ... Your dreams come back to find you sometimes," says Zuckerberg about her unlikely new role on Broadway's "Rock of Ages" (she is cast as Regina, a community leader). Zuckerberg says the show's producers approached her after she gave a talk at TEDx-Broadway about how Broadway could embrace digital media. "[The producers] thought it would be cool to celebrate their fans using digital and social media. They looked up my TED talk and decided they wanted to invite me to be a part of the show."

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Horoscope

♓ Pisces | Feb. 19-March 20. You have the chance to correct a past mistake. A defensive or critical attitude will only make matters worse. Make amends.

♈ Aries | March 21-April 20. You will gain momentum if you stick to your plans and stay alert to new possibilities. Don't feel compelled to share your ideas.

♉ Taurus | April 21-May 21. Do your best to help an older friend or relative in need of assistance. Your calmness and kindness will have a lasting effect on those you encounter.

♊ Gemini | May 22-June 20. An opponent may try to catch you off guard. Maintain a pleasant attitude and don't be coerced into a confrontation.

♋ Cancer | June 21-July 22. Your domestic life will likely face upset. Focus on projects that will boost your confidence. Consider your options before you deal with an emotional dilemma.

♌ Leo | July 23-Aug. 22. Although you are used to taking action, let someone else set the pace today. He or she may have a different approach to a problem.

♍ Virgo | Aug. 23-Sept. 22. Multitask. Although your schedule may have you on the run, it will prepare you for the challenges ahead.

♎ Libra | Sept. 23-Oct. 22. Spend some alone time pursuing activities that make you think. Personal relationships may need an adjustment. Follow up on a creative project.

♏ Scorpio | Oct. 23-Nov. 21. A current situation is likely to confuse you. Do some fact-finding before you take action. Don't feel the urge to gossip or share what you discover.

♐ Sagittarius | Nov. 22-Dec. 21. You may enjoy being in the spotlight, but while it may be flattering to have all eyes on you, it could damage a relationship with someone special.

♑ Capricorn | Dec. 22-Jan 20. An unusual request is apparent. You will benefit if you keep your emotions in check. Be honest and tactful.

♒ Aquarius | Jan. 21-Feb 18. Don't give in to someone's demands. It may be difficult, but you will have to maintain your own course of action. BERNICE BEDE OSOL

Sudoku: Easy and hard

8					9	2	4	
	4	9	2		1	3	6	
							7	
		2	6	4				
4				5				8
				9	7	6		
	9							
	7	6	4		8	1	9	
	3	8	9					2

	1					4		
		4	3	9			6	5
			2			8		
			4		9			8
6	9		8		5		1	4
5			7		3			
		9			2			
7	2			4	6	5		
		5					2	

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Reagan did help world redecorate without the Iron Curtain

Re: 'The people, not Reagan, broke up USSR' (Metro, March 17) Letter writer Timothy Laren is mistaken in his assertion that Reagan had nothing to do with the breakup of the USSR. As examples, I give you Hungary in 1956 and Czechoslovakia in 1969. The people revolted but were crushed. Reagan increased the U.S. military budget and the oppressed people felt they had a friend in Reagan, and as such were more willing to speak truth to power. This is why people under communist domination were more willing to speak out for freedom — unlike under the Obama administration, which is harassing patriotic Americans who sought to create 501 (C) 3 organizations. The comparison with the kings of Spain and France is erroneous and not applicable.
DON SCHWARZ, VIA EMAIL

Ukraine never used WMDs against its own people. Further, it got rid of its WMDs in exchange for a now-broken promise from Russia never to invade. As to his other comments, Reagan ended the policy of appeasing the Soviets and his policies led to their economic weakness. He fully supported the oppressed ("Mr. Gorbachev, tear down this wall!").
JIM FLETCHER, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

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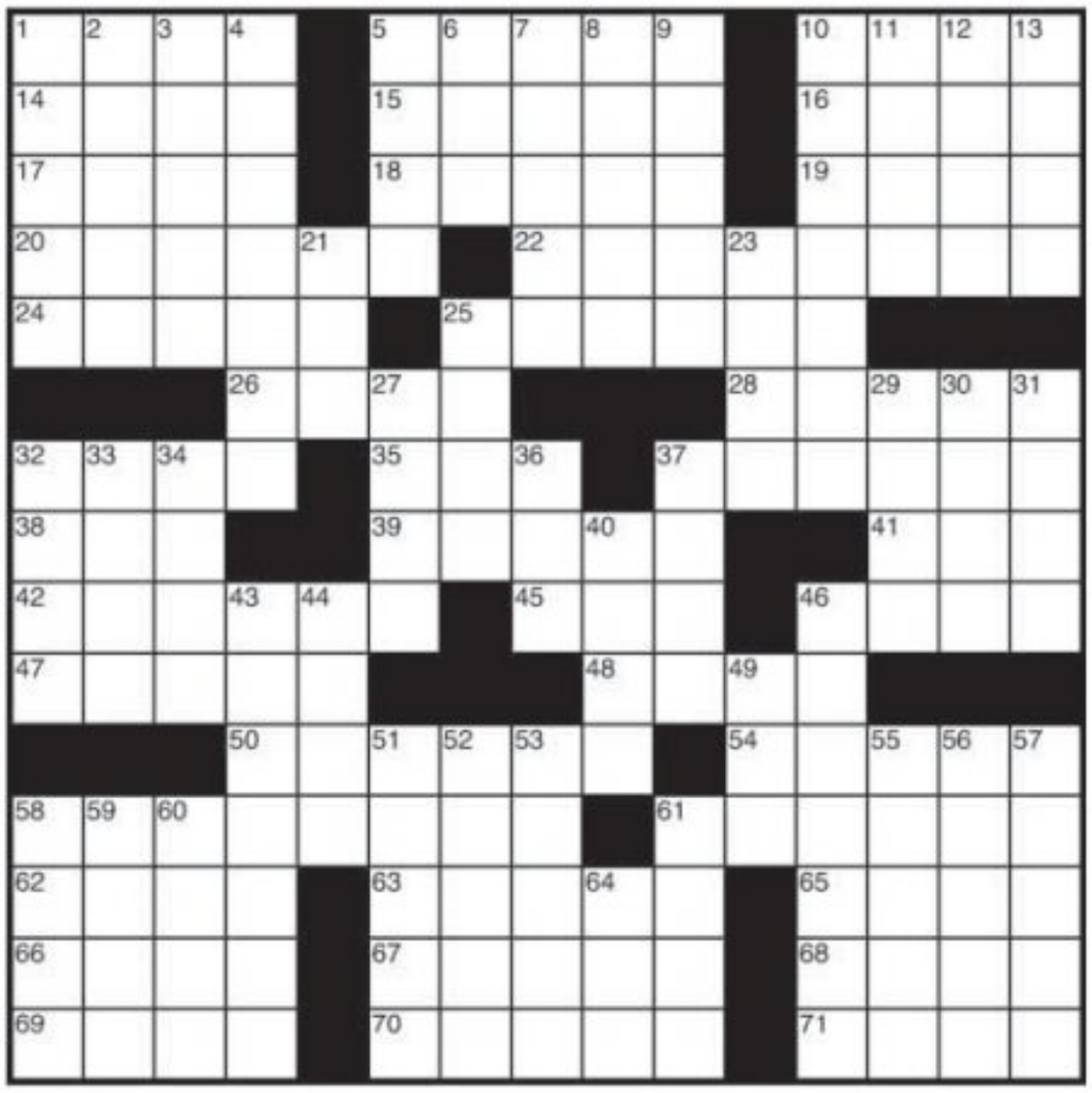
Interactive Crossword

Crossword

Across
1 Treaty
5 Stretch fabric
10 Uhura's crewmate
14 Galaxy unit
15 — and aahed
16 Sin, cos or tan
17 Come down with
18 Brando's birthplace
19 James — Jones
20 Gone aloft
22 Justice (2 wds.)
24 Goes limp
25 Serengeti roamers
26 Darth's daughter
28 Spoil (2 wds.)
32 Gold-rush town
35 Double helix
37 Professor's goal
38 Scratch out a living
39 Gazing at
41 Lib. section
42 Rich, as farmland
45 — tai (rum drink)
46 Annoying insect
47 Market upswing
48 Not certain
50 Politician Tip —
54 Iowa commune
58 Set off
61 Far from demure
62 An energy source
63 More wise
65 — spumante
66 Secluded
67 Fill with happiness
68 Come across as
69 Author — Bagnold
70 "Tangled Up in Blue" composer
71 "Voila!" (hyph.)

Down
1 "Humbug!"
2 Video-game pioneer
3 Quibble
4 Sawhorse, e.g.
5 Raucous diver
6 — Kippur
7 Rub the wrong way?
8 Therapy, in short
9 Robin of balladry
10 Crushes (2 wds.)
11 Russian river
12 Turkish money
13 Not attractive
21 WNW opposite
23 Current style
25 Wacky
27 — fixe
29 Forget the roast
30 Survey finding
31 Quick and sure
32 Get closer to
33 Creole veggie
34 Ground corn
36 Purpose
37 Week-ending cheer
40 Makeshift coathanger
43 Burst into flower
44 Singer Loretta —
46 Tumbler, e.g.
49 LAX regulators
51 Maneuvered slowly
52 Austria neighbor
53 Copier setting
55 Between ports (2 wds.)
56 Well-known
57 Feminine side
58 Carnegie or Evans
59 007's school
60 Ms. Braxton
61 Nest builder
64 JFK info



Yesterday's answer

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IT'S TIME FOR THE PHILLIES TO MOVE ON FROM ROLLINS

Ever since his MVP season in 2007, Jimmy Rollins has steadily declined in most offensive categories. / GETTY IMAGES

The love affair between Jimmy Rollins and Philadelphia ended somewhere between home plate and first base, when he refused to run hard in a city that demands hustle. It is now official. We don't love Jimmy Rollins anymore.

A week of chaos engulfing the best shortstop in Phillies history and manager Ryne Sandberg revealed something worrisome about both men, and a hidden hostility building toward Rollins by the fans. And it all began when he uttered two throwaway words to a reporter after another bad spring-training performance.

"Who cares?" Rollins said. Unfortunately for him, someone did care — Sandberg, who was so miffed by the remark that he used white-out to remove Rollins' name from the lineup last Tuesday and relegated him to the bench for three days.

The first inkling that Rollins had triggered a controversy came one day after the sudden benching, when the manager offered two ominous words of his own. After praising the positive influence of backup shortstop Freddy Galvis, the skipper would only say "no comment" when asked to appraise Rollins' clubhouse demeanor.

On my WIP radio show the next day, 88 percent of my listeners said in an Internet poll that they approved of Sandberg's strong stand, and the callers made it clear that they have never liked Rollins' lazy style. When the Phils were winning, the fans looked the other way. The Phils are no longer winning.

At 35, Rollins is not going to change his approach, on or off the field. Sandberg may be the only person in the Phillies organization who cannot accept that reality. Over the years, the fans have grudgingly accepted it, but clearly it has had a profound effect on the way they feel about Rollins.

Meanwhile, Sandberg's bungling of his first significant crisis as Phillies manager is actually a more ominous development — and make no mistake, the Hall of Fame second baseman totally misplayed the situation. First, he didn't tell Rollins why he was miffed. Then he slipped in his "no comment" jab. And finally, he claimed he was not punishing Rollins by benching him.

After all of his years in baseball as a player, coach and manager — more than 35 in all — Sandberg still doesn't understand that being open and honest works best, especially in Philadelphia. Through it all, though, the fans refused to show any sympathy for a snarky shortstop who helped to win them a championship six years ago. Rollins has jogged too many times to first base, shrugged too many times after tough questions, for the fans to forgive.

These are the final months of Jimmy Rollins' career in Philly. There will be no happy ending.

Metro does not endorse the opinions of the author.

The Voice of Philly Sports

ANGELO CATALDI

LETTERS@METRO.US

3 SPORTS

Set at safety?

Eagles re-sign Allen

After one week of free agency, the Eagles safety situation appears to be all set after the club announced they had re-signed Nate Allen to a one-year, $2 million deal. The contract also offers Allen $1 million in playing-time incentives. The young defensive back started all 16 games for the Eagles last season and will compete to start alongside the recently acquired Malcolm Jenkins.

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Cataldi on the Eagles

Eagles deserve mixed reviews for offseason

Darren Sproles has averaged 77 catches during his last three seasons with the Saints. / GETTY IMAGES

The Eagles thrilled their fans in the first few days of free agency by trading for another major weapon on offense, but they also disappointed just about everybody with their choice of a new safety. How should we feel about our football team right now? Great — and terrible.

Darren Sproles helped to end a dream season two months ago when he returned a kickoff late in the New Orleans-Eagles first-round playoff game that set up the winning Saints' field goal. If he does the same thing next season, the Birds will be thrilled because he is one of them now, for the highly affordable price of a fifth-round draft pick.

Next season, Chip Kelly will have at his disposal — barring any other moves — Nick Foles, LeSean McCoy, DeSean Jackson, Jeremy Maclin, Riley Cooper and now Sproles to intimidate defenses. If you're not excited about the 2014 offense, see a doctor. You may be dead.

Unfortunately, the decision to replace awful Patrick Chung with almost-as-awful Malcolm Jenkins at strong safety deserves no similar acclaim. Jenkins has been an enigma in New Orleans since his rookie year, and the Saints fans reacted to his departure — and the signing of a far better safety, Jairus Byrd — with the same joy we have shown for Chung's exit.

Jenkins was a guest on my WIP radio show last Friday, and he displayed many of the qualities that appeal to the Eagles. He's intelligent, committed and thrilled to have a new start after flaming out in the Bayou. But the numbers don't lie, and they say he does not read defenses well and is an atrocious tackler.

The Eagles are going to have an amazing offense next season. And — with Jenkins patrolling the secondary — they are definitely going to need every point they can get. ANGELO CATALDI

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Cataldi. Kelly should stick with what worked, both on and off the field

Chip Kelly / GETTY IMAGES

After almost two months in hiding, Eagles coach Chip Kelly finally emerged last weekend to accept an award from the Maxwell Club and to answer a few questions about his strategy in free agency. Unfortunately, the biggest question was never asked: Who thinks it's a good idea to deny fans the wit and wisdom of the most popular man in Philadelphia sports?

It is no secret Kelly had a love-hate relationship with the media during his four years as head coach in Oregon. They loved him the first year and hated him the last. Toward the end, he was combative, dismissive and accessible only when required to be. He loves coaching football a lot more than he does talking about it.

There's only one problem with this approach. He's not in Oregon anymore. The truth is — and this is coming from someone who talked to him every week last season — the fans enjoy listening to Kelly almost as much as they like watching him coach. He is a perfect fit for our city — sarcastic, engaging, interesting and unpredictable. He is the anti-Andy Reid.

Now, if Kelly has another season like his first, it won't matter whether he regales everyone with one-liners. Winning will always be the most important thing. But he may not realize just how unusual his first year here was. No rookie coach in the past quarter-century has enjoyed the popularity Kelly had in 2013.

So why change? Why communicate by stilted official statements? Why allow GM Howie Roseman to be the spokesman for the team? Why disappear for two months in a city where the football season never ends?

If I were talking to Chip Kelly right now — which I'm not because he went back into hiding — I would offer this one respectful comment: Don't change. You got it right the first time. ANGELO CATALDI

Idle thoughts

- Michael Vick did not sign a contract in the first week of free agency. His agent said he wants to let the market play out a few weeks before making a commitment. Translation: No one has made the ex-Eagle quarterback an offer.
- Cole Hamels says his left arm feels fine again. That's great news, if he's telling the truth. Unfortunately, there's no way to know for sure. He hid his injury for three months this winter, then lied about his condition when he experienced a setback two weeks ago. Don't expect the truth from the Phillies, either.
- Ex-Sixers Evan Turner and Andrew Bynum combined for two points last Friday in a win by their new team, Indiana. Boy, we sure do miss them, don't we?
- As the Sixers approach some historic numbers in their futility, NBA commissioner Adam Silver said they are definitely not tanking. Well, Silver is one more guy who's obviously not watching our basketball team.
- A new musical of the most important movie in Philadelphia history, "Rocky," just opened on Broadway, and it's getting rave reviews. Sorry, but I'm not checking it out until they fix a huge mistake — calling South Philadelphia "Southside." Hey, what can I say? I'm a stickler for accuracy.

Flyers look for third straight

NHL. The Flyers have momentum and hold second place heading into Tuesday's date with the Blackhawks.

The last time the Blackhawks won a game in Philadelphia it was on June 9, 2010. Die-hard Flyers fans know that day very well — the day Chicago clinched the Stanley Cup in the Wells Fargo Center.

It's four years later, and the Blackhawks have added another Stanley Cup title, while the Flyers have struggled to compete in the postseason.

Both the Flyers and Blackhawks are in similar position heading into Tuesday night's 7:30 game. Each is in second place in their respective division.

But it's the Flyers who are positioned to have home-ice advantage, and the Flyers who are 9-2-1 since the start of February after a sweep of the first place Penguins this weekend.

"I think our team will get confidence from this," coach Craig Berube said. "Anytime you come in and you can beat Pittsburgh twice, it's a big boost."

Claude Giroux is playing the best hockey of the season, and arguably his career, with 12 points in seven games this March.

The Flyers' special teams are equally hot — they shut down the Penguins (0 for 9) with their penalty kill unit and also went 3 for 7 with a man advantage against Pittsburgh.

Starting goalie Steve Mason however, hopes to buck a negative trend. He is 0-6-1 against Chicago since 2011.

EVAN MACY
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Claude Giroux leads the Flyers in points (69), goals (23) and assists (46). / GETTY IMAGES

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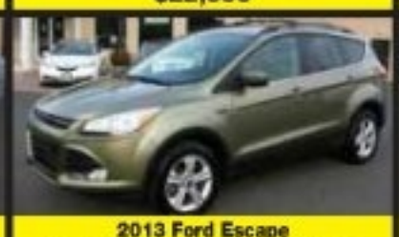
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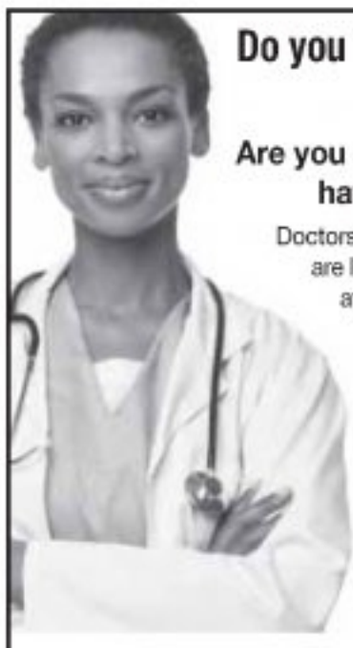

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Attention: Food Service Management Companies The Belmont Academy and Belmont Charter School is requesting proposals for school food service management services. The Food Service Management Company will provide management services according to United States Department of Agriculture (USDA) regulations and guidelines, as well as the Pennsylvania Department of Education policies and guidelines.

Food Service Management Companies and/or their representatives may submit proposals to:

Belmont Academy Charter School
Administrative Office
1630 Locust Street
Floor 3
Philadelphia, PA 19103

The Belmont Academy Charter School's Board of Education reserves the right to accept or reject any and/or all proposals or to accept the proposal that it finds, in its sole discretion, to be in the best interest of the school district.

A walk-through meeting is scheduled for April 9, 2014 at 2:30pm at 907 N. 41st Street, Philadelphia, PA 19104. All questions should be submitted via email prior to the walk-through to david.cameron@ceo-philly.org
All proposals must be submitted no later than 10am on April 25, 2014. All proposals should be delivered in a sealed envelope and addressed to the Belmont Academy Charter School Administrative Office and clearly marked: Food Service Management Proposal.

Have you or a loved one been diagnosed with schizophrenia?

If so, contact us today to learn about clinical research studies of investigational schizophrenia medications for adults ages 18 to 65.

Qualified participants receive
all study-related medical care and investigational medication at no cost.

Qualified participants may receive
total compensation ranging from $3,000 to $10,000 for time and travel.

For more information, call toll-free **1.888.442.9012**

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Do you have chronic pain after experiencing a traumatic event, such as a car accident, sports injury or surgery?

Has a doctor ever told you that you have post-traumatic peripheral neuropathic pain?

If so, please contact us about our research study.

Qualified participants must:
- Be at least 18 years of age
- Have had chronic, post-traumatic peripheral neuropathic pain for more than 6 months
- Be available for study visits and phone calls over a 17-week period

Insurance is not required and transportation may be available to adults who qualify.

Qualified participants receive:
- Study-related care and investigational medication or placebo at no cost
- Reimbursement for clinical trial-related expenses

For more information, call toll-free **1.866.362.4467**

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Are you **age 65***or older?*

If so, we need your help.

Right now, we're enrolling participants 65 years of age and older in important research studies of investigational medications.

Qualified participants must:
- Be at least 65 years of age.

Transportation is available.

Qualified participants receive:
- All study related evaluations and medication at no cost.
- Compensation from $700 to $4,000 for those who qualify

The persons depicted are models used only for illustrative purposes.

For more information, call toll-free **1.866.680.6672**

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